

Send to: Norwich & District Diabetes Youth Group

Please can you place my details onto your
register and mailing list:

Date: / /

Please tick

has been recently diagnosed

with diabetes has moved to the area

needs to amend their details

Name: _____

Address: _____

Postcode: _____

Male/Female: _____

Date of Birth: _____

Date of Diagnosis: _____

Tel: _____

Mobile: _____

Email: _____

Please send by post to:

**Steve Pizey, 11, Church View Close,
Sprowston, Norwich NR7 8QA**

Alternatively, to save costs and time, **email** your
details to: **chair@norwichdiabetesyouth.co.uk**



Get in touch: Committee contacts

Chairperson: Rob Scott

e: chair@norwichdiabetesyouth.co.uk

t: 01508 471 670

Vice Chairperson: Steve Pizey

e: vicechair@norwichdiabetesyouth.co.uk

t: 01603 464 688

Treasurer: Paul Howes

e: treasurer@norwichdiabetesyouth.co.uk

t: 01603 427 595

Secretary: Sue White

e: secretary@norwichdiabetesyouth.co.uk

t: 07931 937 387

Fundraising / donation enquiries

e: fundraising@norwichdiabetesyouth.co.uk

Newsletter enquiries

e: newsletter@norwichdiabetesyouth.co.uk

t: 01603 623 663

URGENT!

Parents and friends

**Can you join our
committee or help
with activities
and fund raising?**

e: chair@norwichdiabetesyouth.co.uk

t: 01508 471 670

Diabetes
UK

Reg. Charity Number: 215199

Norwich & District Diabetes Youth Group

A voluntary group of parents and friends
who offer support for parents, raise
funds for local hospitals and arrange fun
activities for children with Diabetes



Information and
Joining Form

What we do

The Norwich & District Diabetes Youth Group is here to help you. This leaflet tells you about some of the things we do to help children with diabetes.

- The group supports all children with diabetes up to 18 years old.
- We organise fun trips and activities for all members and their families including trips to theme parks, adventure weekends and activities for younger children as well a Christmas party.
- We raise money to support the diabetes service, for example: Specialist diabetes books for newly diagnosed children and their parents and we provide £5 W H Smith reward vouchers to the clinic for children that are doing well with their control, doing their own blood tests or something else that deserves it!



- We raise money to support the diabetes clinic at the Jenny Lind to provide equipment and improve services.
- We provide a framework of support and advice if needed for newly diagnosed children and their families.
- The group is made up of voluntary committee members and helpers usually parents and friends of children with diabetes.
- The activities we run, and the networking through these activities allows us all to be much closer to others who are dealing with the same situation and share ideas top tips and ways of overcoming everyday problems.
- We also have a (junior) committee who get involved in activities, newsletters and running competitions. If you would like to join the (junior) committee or get involved let us know.
- The kids make new friends too! Sometimes, the diagnosis of diabetes can make you feel isolated and alone - the group can help by putting you in touch with other people in the same situation.



Can you help?

We are keen to have as much support from parents as possible and if you have any time available, ideas for things we can do or can help support any activities then please make contact with us!

We are urgently trying to save costs and if you have received this in normal paper version through the post and you have an email address please email: chair@norwichdiabetesyouth.co.uk and we would be pleased to be able to e-mail you updates on events and copies of our newsletter.



Fundraising support and donations

Have you got any ideas for fund raising or activities you would like to do or see happening in the group, or if you have any time to help - let us know we would be pleased to hear from you!